

Janet Attwood:

Welcome to *Healthy Wealthy nWise* magazine's Passions Series interview. My name is Janet Attwood and I'm the Cover Editor for *Healthy Wealthy nWise* and author of *The Passion Test*, the effortless path to discovering your destiny. For those of you who are joining us for the first time, this series is an opportunity for you to learn what you need to do to discover your passions and live your personal destiny by hearing from people who have been incredibly successful at doing that in their own lives.



There's a saying that "Well begun is half done," so tonight we must be half done in making 2006 an incredible year for all of us, as we have two mega giants with us: My dear, great friend and co-host, Mark Victor Hansen, and our honored guest, Dr. Wayne Dyer.

Before I formally introduce both of them to you, let's talk about passion for a moment. This quote from *The Passion Test* encapsulates for me why passion is so deeply important for each of us:

"Passion is born of love. Love is a perfection of the divine in us. Love lives, breathes and finds expression through us, and fills us with the fire of passion. Fulfillment arises from love and through love. Let us live and love for love's sake. Let us be in love and share our love in the service of our common destiny. Let passion emerge from us as love in the service of humanity."

We're so grateful that each of you is here with us. You have unique gifts which no one else can give, and by joining us on these calls, you join us in learning how each of us can share our gifts, live passionate lives and make the world a better place in the process.

Our guest is a man who has done and continues to do a great deal to help make the world a better place. Dr. Wayne Dyer spent his early years living in foster homes and orphanages, where he had to learn to be self reliant. After



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serving four years in the Navy, he began his teaching career, receiving his Doctorate in Counseling Psychology from the University of Michigan and Wayne State University.

Today, he has published more than 10 best-selling books, starting with *Your Erroneous Zones* and continuing with such classics as *Real Magic*, *Wisdom of the Ages*, and his most recent, *The Power of Intention*. His newest book, *Inspiration: Your Ultimate Calling*, will be released by Hay House in March, when this interview will appear on the cover of *Healthy Wealthy nWise*. Wayne, thank you so much for being with us.

Dr. Wayne Dyer: It's my pleasure. It's my honor, I appreciate it.

Janet Attwood: We are so excited, and I'm thrilled that our interview will be conducted by another man who is having a massive impact on our world, my great friend, Mark Victor Hansen. He is known to all of you as the co-creator of the phenomenally successful *Chicken Soup for the Soul* series, which has sold over 100 million books worldwide.

Mark's most recent book, *Cracking the Millionaire Code*, teaches the principles of creating enlightened wealth, which not only benefits oneself, but one's family, community and the world. Mark, it's a joy and an honor to have you as my co-host. I'll turn it over to you now to conduct our interview.

Mark Victor Hansen: I'm ecstatic, thank you, Janet. Wayne, what role has passion played in your whole life?

Dr. Wayne Dyer: Well, it is my life. I don't think there's any other word that could describe it. Passion is synonymous with enthusiasm, and most of you listening know that the word "enthusiasm," from the Greek root *en theos*, means God within. So the literal translation of enthusiasm or passion is "the God within."

All of us, every single person, everyone who ever has shown up in the world of form, including all of the ancients and all of those who are to come, come from this place that quantum physics tells us is not particles; it's something beyond particles.



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Jesus put it this way—he said it’s the spirit that gives life. All of us have come from this invisible world of spirit or God or soul or consciousness or divine mind—or whatever you want to call it. It is an invisible energy place, and it’s what we all are—each and every one of us.

I always give the example that if you had an apple pie and you were to take a slice out of that pie and ask someone, “What is that slice like?” you’d say, “Well, it’s got to be just like what it came from.”

If you took an ounce of blood out of your veins and it had a cholesterol level of 247, you’d probably suggest that where it came from is also at 247 cholesterol, because you must be what you came from—you must be like the whole that you came from.

All of us, including myself, have come from this place called God, and it is that god within each and every one of us that directs our lives, unless we leave it and take on something called the ego, which is really hard to let go of.

Mark Victor Hansen: All right. Now, going way back in your history, tell us the story of how your first major book, *Your Erroneous Zones* (which is when I came into your life 31 years ago), came to be, and what passions played in making it and delivering it to “best-sellerdom.”

Dr. Wayne Dyer: You were a young guy. I think you were in your teens or early 20s at that time.

Mark Victor Hansen: Early 20s—thank you, though.

Dr. Wayne Dyer: I wasn’t much older than that, I don’t think. I was teaching at St. John’s University in New York.

Mark Victor Hansen: I used to carry books for you everywhere, including Carnegie Hall.

Dr. Wayne Dyer: Exactly right, and you used to talk to me about what you were going to do, what visions you had, and your goal at that time was to be around people who had those kinds of



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images and visions. Somehow, you connected yourself with me and we’ve been friends ever since. I’m just as proud of all the wonderful things you have done as I could possibly be.

Anyway, I wrote a book called *Your Erroneous Zones*. I took it to a publisher, who finally decided to accept it. It was very interesting because the day that I was interviewing with the fellow—whose name was Paul [Tharges]—at the publishing house, it was Funk & Wagnalls at that time, I walked into his office with my manuscript and was there to really sell my manuscript.

Paul looked like he was very depressed, upset, he had tears in his eyes and just looked like death warmed over. I put my manuscript down and said, “Paul, what’s going on? Tell me.” It was 1975, so I was 35 years old. Paul just broke down and told me that the night before, he had received some really bad news from his wife, who was asking for a divorce, and there was this long, involved discussion.

We talked for maybe two hours and we never mentioned my book at all. My agent, Artie Byne, called me the next day and said, “How did the interview go?” I said, “You know, Artie, I forgot to talk about the book.” He said, “What do you mean you forgot to talk about the book? How can that possibly be?”

I said, “Well, he just seemed so upset and I was working with him and talking to him about how this could be a turning point in his life and it didn’t have to be a disaster, and what he could do with it, and he could turn it into an advantage—and all of these things. And that you are what you think about, and if you’re thinking depressing thoughts, you’re going to continue with the depression. When it was over, he was just uplifted.”

The next day, Paul called Artie and said, “I don’t care what the book is about. I want that man with me on our staff and I would like to publish his book.” It always reminds me of the definition that Thoreau had when he was at Walden Pond back in the 1840s. He was writing about success in an essay called “I’m a Necessity of Civil Disobedience.”



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He defined success this way: “If you advance confidently in the direction of your own dreams and endeavor to live the life which you have imagined, you will meet with a success unexpected in common hours.” It’s like that’s what I was doing.

I was just out there doing what I did. I was a therapist at that time and a professor, and it seemed to me that when I met a person who was struggling, it was more important to talk to them about that and to put my own wishes aside, and success chased after me.

After a few months, the book itself wasn’t doing all that well. I was giving some lectures and selling a few hundred here and a few hundred there, but basically they had figured it was on the list, and then when the next list came along in March, it would be over and they’d move on. They thought that would be considered a successful book if we sold a few thousand copies.

I decided that I wanted to do more with it than that and I bought up the first, second and third printings. I stored them in my garage, took them in a van and went across the United States and began to deliver these books myself, all over the country, to the various bookstores. I made my own radio shows.

There was a publicist in New York named Donna Gould, and she became a big fan of mine and was very supportive of me. I began to attract people who were very helpful to me. One day, Howard Pappas from “The Tonight Show” picked up a copy of the book and he called me and asked me if I would be willing to come out and doing a pre-interview.

This was after eight months of traveling all over the country and delivering some 7,000 of these books myself. I did a pre-interview, they put me on “The Tonight Show” on a Monday night with Sheekie Green, the comedian from Las Vegas. I think it was August 24th, 1976, and it was the same day as the Republican National Convention.

Bob Dole, who ran for President at that time, was one of the



leaders of the senate. He gave a talk that night and he went over. “The Tonight Show” that I had just been on had been pre-empted for the very first time in the history of “The Tonight Show.”

After I had done this great show—we had two wonderful segments—it turned out that it wasn’t going to be airing. It turns out, as it always does, that the next day, Johnny Carson came in and he heard about the show that had been on the night before, and he said, “Well, if this new guy seems to be that good, why don’t we fly him back out here and do the show with him myself on Wednesday before that pre-empted show airs?”

So Johnny called me up, and I flew all the way back out to Los Angeles, did the show, and while we were on, he asked me if I would stay over and do it again on Friday because we didn’t have enough time. Then on Monday, the pre-empted show aired.

After working and traveling all over the country and delivering the books myself and taking it all on myself, what Thoreau promised all of us back in 1842 came true. He said: “If you advance confidently in the direction of your own dreams and endeavor to live the life which you have imagined, you will meet with a success unexpected in common hours.”

It chased after me and it’s been chasing after me ever since. I’ve just been out there doing what seems to make the most amount of sense to me and letting go of the outcome.

Mark Victor Hansen: Hundreds of listeners around the world are frustrated, downtrodden and beat up. How do you get over all that? Have you ever been there? A lot of people are probably saying, “It’s easy for Wayne Dyer and Mark Victor Hansen to say this, but can I pull that off?”

Dr. Wayne Dyer: The truth is, Mark, I never have been there. I’ve been in circumstances where I’ve had very little. I’ve had difficulties with addictions in my life. I have eight children, so you can imagine that there have been lots of difficulties and struggles and joys and wonderful things that have happened.



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But in my entire life, I’ve never known what it was like to be unemployed, because I just have never believed in that. I have always believed that I am connected to something called abundance and prosperity, and that I’m entitled to it and it’s something that I think all the time. I believe that we become what we think about all day long.

I used to be known as the richest kid in the orphanage. I remember finding out, when I was about four—they used to have soda pop bottles and if you took them back, you got two cents for it. My eyes lit up when I found that out. I used to follow people around who were drinking a Coca-Cola and ask them, “As soon as you’re done with that, I’ll take it off your hands.”

I used to shovel peoples’ snow before I would even ask if they wanted it shoveled. I would go down to the grocery store and when ladies were taking their groceries out, I would just take the bags and help them out with it. It’s now 2006 and I’m still not collecting soda pop bottles and carrying out groceries; I’m just doing it on a larger scale.

I’ve always believed and known that I was entitled to success and prosperity. It’s something that I came into this world with and it’s why I think I’ve been able to write about it and live it, because I really don’t identify with the idea that the things outside of me—the environment that I’m living in, the condition of the economy, the person who happens to be in political power at this particular time—that any of those things have anything to do with what I can attract into my life.

I literally know that whatever I put my attention on, and then I become a vibrational match, an energetic match to that, and I don’t ever think in terms of “it can’t happen, it probably won’t happen, it’s not my luck.” These are not the kinds of thoughts that I’ve ever entertained in my life.

When you met me, I was just a college professor back there on Long Island and just beginning to do all of this, but I was having the time of my life lecturing, talking and doing all of those kinds of things.



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Mark Victor Hansen: And pulling off lots of miracles. I’ve watched you go from nowhere to Carnegie Hall, if you don’t mind my talking about it that way.

Dr. Wayne Dyer: Right—I remember. It was true!

Mark Victor Hansen: It was a joy for me to watch you because you were the vanguard for a lot that I was going to pull off and you’ve been a great help and inspiration to me, so I’m glad that’s your next book. What are the biggest challenges that have hit you along the way? Also, a lot of people would want to ask how they identify with success, abundance, prosperity and all the good?

Dr. Wayne Dyer: The obstacles—I don’t ever call them that. I always think of everything that shows up as just an opportunity to transcend where I am at any particular moment. I live in a universe and believe like Albert Einstein once said that the most important decision you’ll ever make in your life is to decide, whether you live in a friendly universe or a hostile universe.

I made the decision my entire life that I live in a friendly universe. When you believe that you live in a friendly universe, then you’re believing that the universe—or God, soul, spirit or the source, or whatever you want to call it—is something that is going to support you rather than work against you.

If you believe that you live in a hostile universe, then you’ll have a lot of hostile thoughts and you’ll have a lot of beliefs that things aren’t going to work out. You’ll have a lot of inner knowings about your luck, and how things haven’t ever been the way that you would like to have them be. You’ll believe that there’s no chance for you.

I was sitting on an airplane not too long ago, and the woman sitting next to me was a photographer. We got to talking and I said, “Do you like what you’re doing?” She said, “Yes. I really love it.” I said, “How do you do it?” She said, and this was her exact answer, “I’ll never get rich at it.”

I said, “Would you like to get rich?” She said, “Well, who



wouldn't? Of course I would like to be able to have a lot of prosperity and more money.” Here's a woman who had the desire to have prosperity and wealth show up in her life, and a belief system that she carries around with her.

A belief system is nothing more than a thought that you've thought over and over again. It's just a repeated thought, like a habit is a repeated piece of behavior. This was a woman in her 40s or so and the repeated thought, the belief she has had for her entire adult life, is that she's never going to get rich at what she's doing.

Then she becomes a vibrational match to that and attracts that. By the time the plane conversation was over, I had convinced her that she should be saying to herself that wealth is something that is on its way, and that, “If it's on its way, and I live in a friendly universe that supports me, then everything that shows up in my life—I look upon it as an opportunity for me to reinforce the idea that it's on its way.”

That includes all of the obstacles and all of the things we call “struggles” because virtually all of us struggle, and all of the difficulties we have in our life are really things that are stepping stones to higher and higher places. In the Kabbalah, it teaches that in order for you to transcend a level in your life, it's usually almost always preceded by a fall.

When I was in high school. I was the high jumper on the track team. In the process of running up to the bar to get over this high level, I would get down way low and run up really fast. In the process of getting down low, I would generate the energy to propel myself over the bar. That's a metaphor for what I'm talking about.

Every little obstacle—every fall that you have—is an opportunity. The addictions that I've overcome in my life—I look back upon all of them as wonderful blessings that showed up at particular times in my life, that allowed me to reach a place where I understood that I came from a place of well being and purity, and therefore, I can get there.

The times when I didn't have the kind of relationships that I



wanted and so on... Nikos Kazantzakis, who wrote *Zorba the Greek*, once said that “By passionately believing in what doesn’t exist, we create it; and that which we call the nonexistent has just not been sufficiently desired.”

I’ve always passionately believed in what didn’t exist. With *Your Erroneous Zones*, I passionately believed and knew that it was going to be something that I was going to go out there and talk about and share, and have the time of my life doing.

I did this thing with *Your Erroneous Zones* back when I was in my 30s on a schoolteacher’s salary. I had very little money. I used to figure out how to take a shower in a hotel without checking in by pulling up at a certain time when the maids were cleaning, the doors would be open, and I’d go in and shower. I would sleep in the backseat of my car in order to pull it off.

It’s like when you have this vision that I’m speaking about—and you’ve written about it, Mark. I could be asking you the same questions and you’d be giving me similar answers. When you have this kind of vision, which is unshakable—it isn’t like something that is determined on the basis of what does or doesn’t show up.

It’s not determined on the basis of the economy or by whom I happen to have in my family, or with whom I’m working. This is a universal, absolute knowing that what I desire is on its way because it’s consistent with spiritual energy, and every thought that I have is going to be in harmony with that desire.

So I never would have a thought that I would like to be able to attract prosperity in my life and think about the lack or the shortages in my life. If you think about shortages, you’re going to attract more shortage! If you think about what’s missing, you’re going to attract more of what’s missing in your life.

If you think about what always has been and you’re always talking to everybody about what is missing and what you don’t have, you shouldn’t be surprised if that’s what you



continue to attract into your life.

But if you put your thoughts on what's on its way, then you'll start looking for every little clue, and every person walking into your life becomes someone who is a messenger or a deliverer of something that is going to help you deliver what you have an intention about. That's the long answer, but if you want to know about passion, you just heard it. That's what I believe.

Mark Victor Hansen: That is profound. I trademarked the term called “synchrodestiny,” which says that each one of us has inculcated in DNA and RNA our destiny, and if we allow it to unfold, that's exactly what happens, which is what you're saying, which goes to our next question about *The Power of Intention*.

You talk about a universal field of intention responsible for everything in creation. I hope we talk about our friend, Dr. David Hawkins, a little bit on this. How does that all work?

Dr. Wayne Dyer: Most people think of intention as something that I'm going to do—that I'm going to make happen. Even based on what I've been speaking about for the last few moments, you might even get that interpretation, that it's really a hard kind of determination and something that I'm going to make happen, like a pit-bull attitude and “nothing can stop me.”

That isn't how I wrote *The Power of Intention* and that isn't what the PBS special is about, and that's not how I look at intention at all because that's ego. You get to a place in your life, ultimately—I'm now 65 years of age—and I know at this time in my life that God writes all the books, delivers all the speeches and builds all the bridges and literally creates everything.

There's a process in which we have to surrender to something. As I said earlier, we all came from something and we must be like what we came from. The problems we create for ourselves in our lives are where we left this place that I call intention, which has “the faces of intention,” which are things like kindness, love and the idea that no one is left out—all inclusive.



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We all come from a place of well being. We come from a place of endless abundance and love and so on. This is like, if you had a pair of magical binoculars and you could put them on, turn them and focus them in such a way that they shone brightly on the source from which you came—not your parents, not the particles—but where the original particle came from.

In quantum physics, it's that place where it is, where something magically, all-of-a-sudden happens where we go from formless to form and life begins. The formless part—if we could focus on that—we would see that this field of energy excludes no one. Every thought you have that excludes anyone takes you away from your source.

Every thought you have that is not of love, that is not of beauty or abundance, or that is of shortage, fear or shame—all of these kinds of thoughts are those that are out of vibrational harmony—or they're not in rapport—with the field of intention from which you came.

If you want the power of intention, if you want the power of this field that you were intended from in the first place—if you really want that power—then you have to be like it, think like it and act like it. It's called thinking like God, which is what Einstein said. He said “all the rest is just detail.”

I just want to know how God thinks. How does the source think? How does it create? That's what I tried to do in *The Power of Intention*—teach people to be careful and cautious about every thought you have, because once you know that what you think about is what expands, then you start getting really careful about what you think about.

You get a little snuffle and you don't expect it to get worse, because if you do, then you're attracting that. Mark, you know—I think you can get a parking place with what I'm talking about.

Mark Victor Hansen: That's easy stuff.

Dr. Wayne Dyer: Yes, most people are looking for “no place to park.” They'll



say, “There’s just no place to park here,” and of course they get that tunnel vision, whereas the person who is focused on this the way I’m talking about, they see a parking place and everybody walking out of every building, and they’re just anticipating and looking for it, and sure enough, there it will be. It’ll be there consistently.

So you’re right, that is the easy stuff. You mentioned David Hawkins, and in *Power vs. Force*, which is one of the books I made a deliberate decision to get out of the self-publish market and HayHouse has published it. I’ve taken it myself to talks for the last four or five years, and sold several hundred thousand of them myself.

It’s a book called *Power vs. Force* that teaches us. I’ve written a little book called *10 Secrets for Success and Inner Peace*, and the tenth secret is based upon my reading of *Power vs. Force*. That tenth secret says, “Wisdom is avoiding all thoughts which weaken you.”

So a thought of shame, for example, is a thought that’s inconsistent with this field of intention from which you were intended. If you do a muscle test on that, you can discover through kinesiology that you’ll go weak when you think shame, and when you change the thought to one of love, you’ll find that your muscles get strong.

Mark Victor Hansen: Wayne, can you explain AK, applied kinesiology?

Dr. Wayne Dyer: Kinesiology is nothing more than a muscle test. A lot of chiropractors use it. Do you know where I learned it? I learned it from my dentist. Years ago, he would be adjusting the occlusion on putting a crown in my mouth and he’d have me get out of the chair. I’d say, “What are you talking about?” He said, “Get out of the chair. Clench your teeth together and put your arm out, hold it as stiff as you can.”

He would put his two fingers on my wrist and put his other hand on my shoulder, and he would push down. If I was weak, the occlusion wasn’t adjusted. Then he’d get me back in the chair and eventually I would be really strong. Every thought that we have—everything we have—literally affects all the muscles of our bodies.



You can study it. In *Power vs. Force*, he explains exactly how to go about doing this. If you have a thought that is a lie—Mark, if I were to ask you to hold your arm out and I put pressure on your arm and ask, “What is your name?” and I ask you to look me in the eye, lie to me and say, “My name is Sam Jones, and I’m telling you the truth,” and I pushed your arm down, it would go weak.

Then if I said, “Mark, what is your real name?” and you said the truth, “My name is Mark Victor Hansen,” I would push down and what would happen? You would be strong. I know a lot of people might be skeptical about this, but you can try it at home.

I have a wonderful time with this because it’s a great lie detector test. I always say we could have saved \$93 million with President Clinton by just asking him one question and having him hold his arm out. “Did you or did you not?” Anyway, I used to bring it home and do it with my kids.

I have one daughter whom everybody thinks is a “Goody Two Shoes” and I remember my other daughter saying, “Come on, ask her! Ask Miss Goody Two Shoes! Ask her if she ever smoked marijuana! Go on, ask her!”

You can do this with virtually anything because you’re using the body as an instrument. The body was created by God. You didn’t create this body—the body wasn’t created by human beings—the body was created by the source, by God. Anything that is created by God, when it’s used as a testing mechanism, it always responds with strength to the truth.

Now you take thoughts such as shame, fear, anxiety, stress, worry, hatred—all these kinds of thoughts are those that are not of God; they’re not of your source. This isn’t the field of intention from which you emanated. When you have those kinds of thoughts, they go weak.

The one who taught us this was St. Francis back in the 13th Century, the man for whom the city of San Francisco was named. “Lord, make me an instrument of Thy peace; where



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there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.”

In other words—let me bring a higher, faster, more spiritual energy to the present, of anything that is lower energy. Not only do you remove it—it’s very much like a dark room. When you’re in a dark room (and darkness has a much lower energy than light), if you were going to light a match, you don’t have to say to the darkness: “You’re going to have to get out of here. You’re going to have to scurry now, because I’m about to bring light into this room.”

When you bring light, just light a match in a dark room, not only do you nullify the darkness, but you convert it. That’s a brilliant thing to think about. You convert it to light, darkness becomes light. When you bring love to the presence of hatred, not only does the hatred dissolve and dissipate, but it is converted to love.

That’s why it’s so essential for all of us to reach these places of higher energy and continue to keep our thoughts consistent, or in rapport, with this field of energy that we all came from called intention. When you do that, you regain the power of the source.

The power of the source is the power to manifest, to attract into your life what is missing, to heal yourself and others, and to attract unlimited abundance and prosperity into your life. That’s really what it’s all about—reconnecting yourself to this field of intention.

I didn’t invent this concept. It’s an ancient concept that goes way back to Patanjali, 2,500 years ago. He said: “Intention is not something you do, it is a field of energy from which all things are intended. Stay connected to it.”

Mark Victor Hansen: The beautiful thing about what our friend Dr. Hawkins is saying is that it’s global, universal, it’s not specific and it’s not time-dated, so you can go backward, forward—it’s irrelevant.



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Dr. Wayne Dyer: Absolutely, yes.

Mark Victor Hansen: I'm just watching his videos and reading his books and I'm a relatively new student of his. I've been your student for 30 years. So you have this great, new book coming out in March called *Inspiration: Your Ultimate Calling*. What's the premise of this new book?

Dr. Wayne Dyer: Lots of people have called me “The Father of Motivation” for many years. Somebody laid that tag on me in an interview they did somewhere and I've been called this. I said, “I've got eight kids, I don't need to be the father of anything else!” I'm having enough trouble with that!

There's a major difference between motivation and inspiration, and this is really about living an inspired life. I've been a student of Patanjali, who lived about 300 years before the birth of Christ, and he was considered to be this divine, spiritual man.

He was teaching people about things like levitating and bi-location and some of the things that we think of as kind of “new age,” weird things and so on. Thousands of years ago...

Mark Victor Hansen: He did all of them?

Dr. Wayne Dyer: Yes! He was able to teach people, through these various sutras, how to literally leave your body and have it elevate. He taught the Japa meditation, the meditation that I've been teaching for years, using as a mantra the repetition of the sound of the name of God.

It's like in the Book of John in the new Testament, it says, “In the beginning was the Word and the Word was with God, and the Word was a god.” In the beginning of all creation, you repeat this sound, the sound of “ahhh,” the sound that's in the name of creation.

Patanjali also talked about inspiration and he had this observation and said that when you're inspired by some great purpose, some extraordinary project, all of your thoughts break their bonds. Your mind transcends



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limitations, your consciousness expands in every direction, and you find yourself in a new, great and wonderful world.

Then he said, “Dormant forces,” that is forces that you thought were dead and inaccessible, “come alive and you discover yourself to be a greater person by far than you ever dreamed yourself to be.” So I took those six ideas from Patanjali and created a new PBS special that’s going to start airing March 6th all across North America. For those overseas, they can go on HayHouse.com and get the DVD of it.

When we talk about motivation, it goes back to this concept that we have of intention. A motivated person is generally thought of as someone who has goals and objectives and is trying to get someplace else, and has an inner vision of where they would like to be. They work hard, they get up early and leave a little bit late and have all kinds of good work habits.

They’re said to be highly motivated. That’s not inspiration. Motivation is when you get ahold of an idea and you take it with you and carry it through to its logical conclusion. That’s a motivated person. Inspiration is the exact opposite. Inspiration is, not where you get ahold of an idea and take it where you want to go, it’s where an idea gets ahold of you and it takes you where you were intended to go in the first place.

You remember Arthur Miller? He died about a year ago. He was a great playwright. Most of us had to read *Death of a Salesman* or *The Crucible*. He was 88 years old. He was interviewed in the New York Times and they asked him a question—he had a play on Broadway at 88.

They said, “Are you working on another play?” Here was this man who was soon to be 90, who said, “I don’t know, but I probably am.” Reading that was one of the great, inspirational moments in my life. It was one of the things that motivated me to write a book about inspiration, from this perspective that there are things that get a hold of you.

Mozart was described this way. He would have what they



called “lively dreams.” He said that these symphonies would present themselves to him and it was almost as if they were already written and he would have to get them out and record them. You probably have experienced this. Most creative people, who have done a lot of particularly creative work, understand this.

Rumi, the great Persian poet, said, “The morning breeze has secrets to tell you. Do not go back to sleep.” What he was saying was that you are closest to God between three and four o’clock in the morning—which is the best time for almost all of us. Almost everyone listening will awaken at one time or another between the hours of three and four and then go right back to sleep.

If you could understand that it’s a wake-up call for you to be able to do what it is that you were designated to do—what you signed up to do, what your spirit is telling you to do. Inspiration is just about being in spirit. When I’m writing, I get up between three and four o’clock in the morning and I go out onto my writing space where I live on Maui.

Thank you, by the way, for my place out on Maui. It’s a wonderful place and I appreciate you getting it for me. Truly I mean that. I’m always in a state of gratitude for all of the people who have supported the work that I have done. I don’t know if you’ve had this experience, Mark, but I sit down and I start writing. I write by hand—I don’t write on the computer.

Mark Victor Hansen: I thought you had a little typewriter?

Dr. Wayne Dyer: I don’t even use the typewriter. I got rid of it about 20 years ago. That’s right, I did have one when we first met. I write everything by hand. I just allow it to flow through me. I take a purple pen—which is the highest energy of the rainbow—and I allow it to come through me. There are times when I sit there, at three, four, or five o’clock in the morning and I allow this information to come through my heart and onto the page.

I sit there and I wonder what’s coming next. Oftentimes, I’ll read it and I’ll think, “I didn’t even know I knew that.” Then if I



get stuck on something or if I’m just not quite sure about something, I’ll just reach over and sure enough, there it will be, in a book I just grabbed off of the bookshelf. I’ll just pick it up and exactly what I needed will be in there.

It’s like when Patanjali said, “Dormant forces come alive and you discover yourself to be a greater person by far than you ever dreamed yourself to be.” What happens is that when you get yourself into that spirit and you allow it to flow through you, and to work with you, and for you, and support you—it’s taking you where you were destined to go.

When I sat down to write *Inspiration*, it was like I knew that it was something I was going to write. I’ve just completed this book—it will be out in another month or so. If you would have asked me, “Are you working on another book?” I would have to give you the same answer Arthur Miller gave.

“I’m not sure, but I probably am.” There’s a lot of stuff that I’m thinking about. It takes me and then it starts showing up and someone will mention something to me and I’ll take a note on it and then I start keeping a file on it. How many books do you have now in the *Chicken Soup* series? There about 100, I would say.

Mark Victor Hansen: There are 101.

Dr. Wayne Dyer: They must come to you. You must just be there someplace and all of a sudden say, “Wow! Let’s do one on *Chicken Soup for My Hemorrhoids*.” I don’t know. I don’t know what you do them for! If you get that one out, I want at least a credit on it.

Mark Victor Hansen: By the way, I don’t plan on doing that, although it’s probably a big market that would sell 3.5 billion—like *Chicken Soup for the Golfer’s Soul*. We won’t touch medical doctors or lawyers. The joke is that lawyers don’t have a soul. I know we have great lawyers on the phone. I’m just joking, of course. What’s the relationship between passion and inspiration, seeing as we’re doing this for the “Passion Series”?

Dr. Wayne Dyer: Well, they’re the same. Inspiration means “in spirit.” Passion



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means “the God within.” It’s just moving yourself back to spirit. When you move into spirit, what you’re really doing is you are allowing yourself to think, act, and behave like God. The way that I organize this PBS television special and the book is around this idea that there are certain benefits that come to you from living an inspired life.

Your thoughts begin to break their bonds. In other words, when you’re inspired—that is when you’re in spirit—you don’t know how to think in terms of limitations. You don’t know how to think in terms of shortages. You stop thinking about what’s missing in your life. It’s not a possibility for you any longer.

Your thoughts break their bonds. Your mind begins to transcend the limitations that you’ve had before in your life. You stop seeing yourself as a human being. You begin to see yourself as a spiritual being—the spiritual essence of who you are. Literally, Mark, you step outside of your body and you begin to observe it.

You begin to laugh at all of the folly of it and the foibles of it and the worries that it has. You begin to see yourself as an infinite being—not restricted by your birth, by your death, by your height, your weight, your looks and all of those things that you’ve achieved in your life and your acquisitions.

You don’t define yourself that way anymore. You let go of what Patanjali called “the false self,” “the illusionary self,” “the maya.” That’s not who you are. Who you are is that from which you came. As you get back into that place from which you came, you absolutely know that in harmony with God, all things are possible.

It’s right out of the scriptures, “With God, all things are possible.” What does that leave out? It literally leaves out nothing. There’s no thing at all that is not possible if you can conceive of it and have that knowing and stay in spirit and do it from that place of passion.

Passion is just love. God is love, that’s also from the scriptures. “He that believeth in love, believeth in me.” Love and God are synonymous. God and good are one. They’re



the same thing. There’s no difference between the two of them.

Mark Victor Hansen: I think we’ve answered this, but why do you call inspiration your “ultimate calling?”

Dr. Wayne Dyer: That’s a good question. It is ultimately where you’re headed. Look around. Where do you think you came from? If we were doing this interview about three centuries ago, we’d be studying Newtonian Physics. Newtonian Physics were where we believed that the building blocks of nature were atoms and that these were the tiniest particles in the universe.

Now, with Quantum Physics, atoms are like huge buildings compared to a sub-atomic particle like a quark. Then when you go to the ultimate, smallest, tiniest particles—ultimately you break that one down with what they call particle accelerators—you open them up and you find that there is nothing there. It is just all energy. We came from this field of energy called spirit.

Now we are here, in this world, and we began. For the first nine months that you were here—inside of your mother—you didn’t worry about anything. You had everything that you needed—one day you had a fingernail, the next day the fingernail was a little bit longer. You were just allowing.

You were in a state of pure allowing. You would just grow and everything would be just fine. You completely surrendered to this spiritual energy that was allowing you to form into the perfect being that you are—the most beautiful, perfect being that you could possibly be.

Then you emerged into this world and you get surrounded by people, all of a sudden, you start getting convinced that who you are is not this perfection from which you emanated, that is going to take care of you, that’s going to provide for you, that’s always going to be there, that’s always going to work with you as long as you stay in harmony with it. You start believing that, “Hey, I am what I do.”

So now you have to go through a whole lot of things. Then you get to a point in your life where you can’t do them



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anymore. Now, if you are what you do, then when you can't, then you aren't. You don't exist anymore. Then you start believing that, “I am what I collect and what I have.”

So you start collecting achievements and you get a lot of trophies. You believe that you are how much money you make. Then, all of a sudden, that stuff starts to disappear and you don't have it. Then you realize that your value goes out the window. If you are what you have, when you don't have, then you aren't either. You take on all of these things.

This business that we're speaking about here is really just a business. We're just talking about enlightenment, about reaching a higher, higher, and higher level of consciousness. You know that while you're in this world of form, you step outside and you watch what's happening to your body.

I hold a hair up on the pillow and I say to my wife in the morning, “What held it in yesterday?” It's a complete and total mystery. We all know that while we're in this little parentheses in eternity called our lifetime, that we're headed back to nowhere. We go from “nowhere,” we show up in “now here,” which is exactly the same. It's just a little question of spacing.

Everybody listening on this conference call is in “now here.” You know you're all headed back to “nowhere.” It's your ultimate calling. In India, my teacher, Nisargadatta Maharaj, was teaching us about how to die while you're alive. In other words, how to get to a place where you can let go of this body of yours and your attachment to it and all of your beliefs about what it is and who you are.

Let go of all of that and die, but don't have to literally die and leave your body. You just get outside your body and then you start living from this world of spirit which is your ultimate calling. Your ultimate calling is to return back to the place that you're going anyway.

I'm 65. It's hard for me to even say those words. I can't even think of it. I used to think 65 was old. When I turned 64 last year, I got a birthday card. I was speaking in Durham, North Carolina and my kids sent me a birthday card. It was really



nice.

Do you remember the Beatles song, “Will you still want me, will you still love me, when I’m 64?” Well, I turned 64, and they sent me a copy of that recording. I opened up that card and it said, “Inside of this card, is a beautiful, perfect message from God.” I thought, “You know what, I think I may have finally reached them. Isn’t that nice?” I opened up the card and it said, “See you soon.”

Mark Victor Hansen: By the way, Art Linkletter and I just finished up a book that is called *How to Make the Rest of Your Life the Best of Your Life*. We’re saying that 90 is the new 60 and 60 is the new 30. There are probably a lot of people who have never seen your physical form. I’ve seen Wayne go through lots of stuff, but the most important thing is that he is exceedingly fit. He eats extraordinarily well because we’ve shared meals. I can tell you that his thinking is really clear.

Dr. Wayne Dyer: I also do yoga. I don’t know if you’ve done yoga.

Mark Victor Hansen: I do yoga. I do my exercises regularly. I studied in India for a year.

Dr. Wayne Dyer: Did you? I do Bikram yoga I don’t know if you’ve ever done Bikram. It’s hot yoga.

Mark Victor Hansen: I’ve been to his house. He’s had me as his houseguest over there. It’s 95 degrees—enough to melt your body down.

Dr. Wayne Dyer: Yes, 104 degrees—try that. I do it five days a week. The yoga is one of the things I am totally sold on. You can’t have arthritis if you do yoga. You can’t be depressed if you do yoga every day. My mom, who’s going to be 90 on her next birthday, is really the picture of health. She’s been having this problem with her back for three or four months. I got so tired of her telling me every day how it hurt.

She was almost crying—she was really in pain. I got her a yoga video. If you are living in a body that is sitting there watching television on a regular basis and the years are going by, and you’re now going to be 90 on April 21st, I said, “You’ve got to change.”



Viktor Frankl once said, in the concentration camp, “If you can’t change what’s going on around you—outside of you—then you have to change yourself. You just have to change yourself.” I said, “Mother, you have to change yourself.

Even if you just sit there in a chair and just reach up and do your stretches to the right and to the left and get your mat out.” She’s been telling everybody about yoga. Her back pain is gone. It’s the first time in about four months that it’s been gone.

Mark Victor Hansen: So you got her a Bikram video?

Dr. Wayne Dyer: It wasn’t a Bikram one because she can’t do the heat. I got her one that was on PBS. It’s called, *Yoga for All of Us*. She just puts it on every day and she does it. She’s totally turned on by it, as I am. It’s not just that, I also walk and swim every day. I play tennis fairly frequently, not as much as I used to. It’s just a way of life. The Sufis used to say, “If you don’t have a temple in your heart, you’ll never find your heart in the temple.”

It’s like treating your body like a temple—treating it like the perfect creation that it is. Every put down that you have of your body, every insult that you have, every belief that you have that it can’t do something that it’s not possible to do, that’s almost like an insult to your spirit—an insult to God, literally. You are a perfect, defined creation. When it’s used as a lie detector, it can never respond to anything that is not of truth, with anything other than strength.

Mark Victor Hansen: In your book, you quote our friend, former U.N. Secretary, Dag Hammarskjöld, “In our era, the road to holiness necessarily passes through the world of action.” What does that mean in the context of inspiration?

Dr. Wayne Dyer: Ultimately what happens is when you find yourself moving into spirit, you will begin to become a person who is a doer—who can’t just sit still and watch. You don’t become immobilized by the things that are going on in the world that you don’t like—for example, the number of people who are dying in these wars that are continuing around the planet or



the number of people who have AIDS or the number of people who are victims of crime.

You don't keep and continue to put your attention on the evils of the world. You begin to understand that for every act of evil in the world, there are a million acts of kindness. You begin to shift that. You begin to understand this notion that you can't get sick enough to make another person better. If I thought that getting sick would help somebody else to get better, I would be encouraging people to get sick.

You can't get depressed enough to make one person not depressed so that when you're around a depressed person and you find yourself getting depressed, you are creating a new collective energy of depression. You can't get sad enough to make another person happy. All of these kinds of things are really relevant and important in terms of being a person of action.

They said of Jesus that when he would walk into a village, just his presence in the village and nothing more, would elevate the consciousness of those around him. Hawkins speaks about this level of energy beautifully in *Power vs. Force* and in *Eye of the I*, this idea that as you begin to elevate your own personal energy, that you begin to calibrate at a much higher level.

You do this through meditations. You do this through staying in spirit. You do this through being on websites such as this. You do it through the music that you listen to. You do it through the people with whom you associate—all of the kinds of things where you are attracting higher and higher energy. Just your presence around someone else will elevate them.

When Mother Theresa would walk into a room, everyone would feel better. It's because she had pheromones of energy. You didn't even have to know she was there, you would just feel better by being in the presence of someone like that.

I always remind people of what Jesus said, “Even the least



among you, can do all that I have done and even greater things.” When you have Christ-consciousness, or Buddha-consciousness, or Krishna-consciousness, or Mohammed-consciousness, you become a person of action.

When you are living from these elevated places that are matched up with the field of inspiration, the field of intention—when you are matched up with that, you become a person of action. Your presence alone begins to change things.

A perfect example of that is Oprah Winfrey, who has really worked very hard. I have known Oprah since she was 21 years old, when she was a talk show hostess in Baltimore. She has gotten herself to a place now with her energy being so high that just her presence—going over to Africa and so on—she is beginning to make a huge impact. Bill Gates who became the Person of the Year with his wife Melinda.

Mark Victor Hansen: He gave \$29 billion. I cried when I read that. The *Time* magazine article had Melinda and Bill Gates and Bono just trying to make the world work in a poverty story.

Dr. Wayne Dyer: They’ve done it through elevating their own consciousnesses. Talk about passion—this is something that they’re doing from passion. I saw that, I read that, I was impacted by that and by Oprah. I just funded a scholarship fund. I was admitted to Wayne State University in Detroit in 1962 after being four years in the Navy.

They admitted me on a provisional scholarship. I was in Guam. I wrote to them and they sent the application over and the entrance exam over. I didn’t have the high school grades. I hadn’t even considered going to college when I was in high school.

They admitted me on a provisional basis; they allowed me to come in dependent on how I did the first year. I not only got my Bachelors, but my Masters and also my Doctorate, and I became a professor at the University. I even had my own parking place at the University, which is the ultimate in prestige.



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At any rate, I’ve just funded a million-dollar scholarship to have 50 students a year from the inner city of Detroit, be admitted on a provisional basis. That comes from a passion, from a desire, from an internal knowing of giving back.

You and I were talking before, earlier today, about our friend Ram Dass and about giving back. This is a man who wrote *Be Here Now* and didn’t take any royalties. He didn’t even take lecture fees. Did you know that? All through the sixties and the seventies and eighties—when he was the most prominent lecturer on spirituality—he wasn’t taking any lecturer fees. He gave it all to the various foundations.

Mark Victor Hansen: He alone saved 10,000 eyes of people, mostly in India and Bangladesh, that would be out of work because there is no social security. I remember him telling me that one time.

Dr. Wayne Dyer: For \$15, you could restore the sight of someone in Nepal and in India.

Mark Victor Hansen: When I started with him, it was five dollars.

Dr. Wayne Dyer: Those of you listening, if you’d like to go on my website, www.DrWayneDyer.com, you’ll see a letter that I wrote encouraging people to support Ram Dass and help him because he had a stroke in 1997. He’s in a wheelchair. We’re helping to get him out of that wheelchair and helping him to get back on stage. I did a benefit for him.

Mark, you and Jack and people like you, have all sent that letter out to people all over the world. I really appreciate that and so does Ram Dass. In fact, he answers every letter. We’ve raised about a third of the money we need in order to provide him with a home.

Mark Victor Hansen: For you listening, I know this was a bonus point to you, but if you go to Wayne’s website, we will have set-up—not tonight, but within the next month—the date set up for Wayne and I and a few other celebrities, who are going to raise all the rest of the money our friend. It’s just the right thing to do.

Dr. Wayne Dyer: Yes, and that comes from passion. Doesn’t it? That comes from a knowing of how blessed we are and want to share it.



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Mark Victor Hansen: *Healthy Wealthy nWise* just did an extensive survey of its readers. One of the questions was “What’s your biggest challenge?” Wayne, 60% of the people said, “I’m holding myself back.” How do you give people advice so they don’t hold themselves back and don’t self-sabotage? You’re the master of this.

Dr. Wayne Dyer: Well, think about what those words mean—holding myself back. Now how do you do that? I’m trying to get a picture of myself standing someplace and getting ahold of myself and then holding myself back. There are a few yoga positions like that, I know, where you have to do the backward bend.

Holding yourself back is almost like an unnatural thing to do. It’s like that slogan “Grab the bull by the horns.” Well, anybody who grabs the bull by the horns is being stupid. You don’t grab a bull by its horns unless you want to get killed. And you don’t hold yourself back unless being back is where you want to be. Again, it comes down to a belief and a habit.

What is a belief? It’s a thought that you have thought over and over and over again. What is a habit? It’s a behavior that you have repeated over and over and over again. One of the most important things that you can learn is that you cannot find light by analyzing the darkness and you cannot find moving ahead and moving forward by hanging on to what you used to be.

I call it intense secrets for success and inner piece. I call it giving up your personal history. If there’s any advice that I could be giving you right now, it would be giving up your personal history. I learned this from Carlos Castaneda one of the great teachers, I think, of our time.

He used to talk about a boat, standing on the stern of the boat heading up the river at 40 knots. It’s moving pretty fast and you’re standing at the stern and you’re looking down at the water. What do you see? What you see is called the wake. It’s the wake.

What is a wake? By definition, it’s a trail that is left behind.



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What’s driving the boat? The boat becomes the metaphor for your life. Well, what’s driving the boat is the present moment energy that’s being generated by the engine. That’s the only thing that makes the boat go forward. That’s the same thing that’s making your life go in the direction that it’s going—the present-moment energy that you are applying to what you are doing.

The most important question to ask yourself in this little scene with you standing on the stern is, “Is it possible for the wake to drive the boat?” That is, can a trail that is left behind make the boat go forward? The answer to that is obviously, it can’t, but you live in that illusion when you’re holding yourself back.

That’s the illusion that you’re living in—the belief that what you have been, up until now is the reason why you can’t continue to go forward. That’s just as faulty a system of logic as saying, “Well, the thing that’s making the boat go forward, is the wake.”

The trail that is left behind is just that—it is a trail that is left behind. It’s back there. You don’t want to continue to hang onto that. What you want to hang onto is whatever energy it takes to no longer be connected to your personal history. As Castaneda often said, “If you don’t have a story, you don’t have to live up to it.”

So get rid of your story and don’t be back there where you used to be. Instead, get a hold of this present moment energy and begin to have a passionate love affair with what doesn’t exist—living from the end, treating yourself as if you already are what you’d like to become—treating yourself that way.

When I wrote this book, *Inspiration*, I wrote the word “Inspiration” on a book cover and I wrapped it around another book that I had written and I sat it right there on the table. Truly, Mark, every day, when I would sit down to write, starting around 3:15 in the morning after meditations, I would see this book finished.

I was acting as if it was already completed. It was just a



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matter now of filling in the blanks, that’s all. It’s something that was already done. You begin to understand, within yourself, that it’s in the contemplation of an idea that you would like to create, it’s in the contemplation of it, that you create it.

Mark Victor Hansen: That is what George Washington Carver did. Every morning at four o’clock, he got up and said, “God, the boll weevils are eating all the cotton, what do we do?” He got crop rotation and he started growing legumes. Nitrogen went back in the soil and they got all the black farmers to do it.

Then they came and said, “Dr. Carver, we’ve got all these peanuts and no one to buy them.” So he mediated on it and Say’s Law, which is to take something from a low value to a high value, and he created 367 products for peanuts at 4:00 AM. You’re right on.

Dr. Wayne Dyer: Well, Thomas Tryon used to say, “The law of floatation was not discovered by the contemplation of the sinking of things.” It’s true. We get on airplanes now and we fly all over the world. We think about the Wright Brothers. It was just 100 years ago—that’s all it was. They didn’t go down to Kitty Hawk thinking that this thing isn’t going to get off the ground.

The law of flying was not discovered by the contemplation of the staying on the ground of things. You need people who are contemplating what it is that they absolutely intend to manifest. There is no greater secret that I can offer everybody listening here—it is in the contemplation of what it is that you intend to manifest that will give you the power to manifest it.

You have to be able to contemplate it to be able to rush it through your mind and see it over and over again. It’s that process that gives you the energy. Not only does it give you the energy to allow it come forward, but as Patanjali said, “Dormant forces come alive.” That is, forces that you thought were dead. You mentioned synchrodestiny, you coined the term “synchronicity,” and that is, all of a sudden, you have a collaboration with fate.

As you elevate your consciousness, you’ll start finding



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yourself thinking about someone and they’ll call you on the telephone. You’ll start thinking about an idea, and somebody will mention it to you. Somebody else over here will mention it to you. Then you will turn on the TV and it will be mentioned over here. You’ll see these alignments because spirit speaks to us, not in messages on our computer; it speaks to us in alignments.

As these alignments begin to take place, these forces start to work with you and now you’re in a friendly universe that is cooperating and working with you rather than the one that works against you. All I can tell you, for sure, is that I know that it works because it has always worked for me.

Mark Victor Hansen: This is the last question and then we have to give it back to Janet to close with both of us, Wayne. Like you, *Healthy Wealthy nWise* believes strongly in the power of intention to manifest outcomes. What’s your biggest current project and what’s your intention that you would like all of us to hold for you, Wayne Dyer?

Dr. Wayne Dyer: Well, I met a woman in New York. Her name is Immaculee Ilibagiza. She has written a book and it’s called *Left to Tell*. In April 1994, a genocide began in Rwanda that lasted for 91 days. This woman hid in a bathroom for 91 days and survived just through the power of faith, her power of knowing, and her power of God.

I have written the foreword to her book. It’s called *Left to Tell*. It’s the most inspiring, dramatic, powerful book that I have ever been privileged to be a part of. She’s on the new PBS special which will be airing March 6th all over the country. Her book comes out next month.

Go to www.HayHouse.com and for a five-dollar contribution and they’ll send you a purple bracelet. We’re using all of that money to help all of the orphans. I don’t know if you know this, Mark, but in 1994, in a country the size of the state of Maryland, with 10 million people in it, one million people were slaughtered in 91 days.

A million people were slaughtered with machetes. When you contrast that to 9/11, which was 3,000 people—which was



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horrible in itself—but this was one million people. There are so many orphans and people over there with no arms and no legs. That’s my project.

I would like everybody listening, in February, when the book comes out, to read *Left to Tell*. I think she’s a saint walking among us. She’s one of the most beautiful, divine, spiritual people. You might want to put her on your show sometime. She’s just absolutely an astonishing woman.

Janet Attwood: Wayne, would you give us that name again?

Dr. Wayne Dyer: Well, it’s a pretty tough one for most people to know because most people aren’t familiar. Her name is Immaculee Ilibagiza. The name of it is *Left to Tell*. That’s the name of the book. It will be out next month. It’s published by HayHouse. If you go on my website, you’ll see a picture of it.

I also wrote the foreword to it. She’ll be touring with me and speaking. We intend to take to Rwanda in April, several million dollars from the people who are buying these bracelets. It’s really just a marvelous, wonderful cause.

Janet Attwood: We’d like to help you with that so we can talk more after this.

Dr. Wayne Dyer: Okay, that’s great.

Janet Attwood: Thank you so much. Mark, it’s been so wonderful.

Mark Victor Hansen: I love doing it. Wayne and I have been great buds for a long time.

Dr. Wayne Dyer: A long time.

Janet Attwood: It’s so great to have you.

Dr. Wayne Dyer: You even had hair then. Or I had hair. One of us had hair.

Mark Victor Hansen: We both had hair.

Janet Attwood: Now, for our listeners, if you want to know what Mark is up to, be sure to go to www.MarkVictorHansen.com. Wayne, what a remarkable soul you are. I’ll tell you, you are walking



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the talk that I love listening to. Thank you so much for being with us tonight. I’m sure everyone would agree.

I don’t know if I mentioned it earlier when we spoke, but I just flew home last night from India. I spent the last year interviewing saints throughout India and Nepal and it’s such a treat to come back home and experience another saint here in my own homeland—actually two of you.

Dr. Wayne Dyer: That’s so kind.

Janet Attwood: I really mean that. It’s so wonderful. You’ve connected us tonight with the deepest part of our own spirit and you’ve created the inspiration which is the subject of your new book. Again, thank you so much.

Dr. Wayne Dyer: It’s been a pleasure. I always enjoy doing these kinds of things. Mark is a fan of mine and I’m a big fan of his, as well. I treasure all of his great success—all of the wonderful books that he has produced.

Mark Victor Hansen: We treasure all of these people who are going to have infinitely more success out in front of us, Wayne, simply by changing their consciousness tonight. We did it.

Janet Attwood: Both of you did. Thank you so much. It was really such a wonderful flow of knowledge from both of you. Thank you again.

Dr. Wayne Dyer: You’re very welcome.

Janet Attwood: Before I tell our listeners about our upcoming interviews, I’d like to close with this quote from *Inspiration: Your Ultimate Calling*: “Taking action is how we increase our connectiveness to spirit. If we’re heeding our ultimate calling, we must be willing to act on that mission.

We may believe that inspiration is something that arrives in a mysterious way that’s beyond our control or perhaps we’re waiting for God to send us a motivational sign, but it’s clearly best to rely exclusively on our decisions to act in ways that will intensify our awareness of spirit.”



"The Father of Motivation"
Dr. Wayne Dyer

It's a great, wonderful quote. For our listeners, you can check out Dr. Dyer's latest products and projects and receive more of his inspiration by going to www.DrWayneDyer.com. Remember, Dr. Dyer's new book will be available in March from HayHouse. As always, we have some extraordinary interviews coming up for you.

On January 24th, we interview Dr. Ivan Misner—one of the world's leading experts on networking and word-of-mouth marketing. Dr. Misner is the founder of BNI, Business Networks International, the world's largest referral organization with over 80,000 members and more than 4,000 chapters around the world.

On February 7th, we interview award-winning speaker Les Brown. And on February 21st, it's the co-author of the *Chicken Soup for the Woman's Soul and Mother's Soul* books, Jennifer Hawthorne will be our guest. So be sure to join us in two weeks.

In the meantime, remember your passions are your clue to your unique destiny. Choose in favor of your passions everyday and you will find yourself living a passionate, turned-on life. Now we'll open up the lines and say good night. Mark and Wayne, you gave an incredible gift from God tonight. Thank you so much. Good night, everyone.