

Chris: This is Chris Attwood.

Janet: This is Janet Attwood calling from Thiruvannamalai, India, looking out over Arunanchala Mountain, and I wish all of you were here. It's 6:30 in the morning for me, and I know for most of you it's not. Good morning.



Chris: I am the Features Editor for *Healthy, Wealthy nWise*. Janet is the Cover Editor, and we're really happy to have you here tonight. Janet, do you want to share a little bit about what you've been doing for the last month?

Janet: Oh, absolutely! I am a product of my own product. Most of you know I wrote a book called *The Passion Test - Discovering Your Personal Secrets to Living a Life on Fire*. When I took the *Passion Test* myself, one of my passions was that I would be able to travel the world, interviewing very highly enlightened people. That was my passion because I enjoy hanging out with wonderful people like many of you.

Anyway, I kept putting my attention on that, as I tell everyone to do when they find what their passions are. The next thing I know, I have a ticket to India and Nepal, to interview enlightened people - saints, gurus, and very high people all over India and Nepal - asking them what they feel about the present world situation, what would they do about that?

This is now my book. We'll put the articles in a magazine series in *Healthy, Wealthy nWise*, and hopefully a pilot will come out of that. My experience has been out of the box. Someone I was having dinner with last night, Chris, said, "Has this met your expectations?"

I said, "It's interesting. I had no expectations about what was going to happen." I didn't have time to expect too much because my life goes so quickly with everything that we do. I realized I just found myself in India, and set up these interviews.

What I could say to her was that it was the biggest gift from God that I've ever experienced because as I went all through India and Nepal, it was as if everywhere I went, God was speaking to me through all these individuals, and it was a very personal experience



for me hearing what they all had to say, and what their beliefs and ideas were about living a life of the highest level of integrity and truth.

It was so inspiring. I can't wait to share all of these interviews with everyone. I think everyone will truly enjoy what these individuals have to say. It's a very different vent. Basically, it all comes down to finding whatever it is, if that's God, Jesus, mother Mary, mother Earth, that you feel is that which you can put your attention on and, they say the same word, "pray to."

Chris: Janet, what's been the most interesting, out-of-the-box or fascinating experience? Is there an anecdote that you could share with everyone?

Janet: There wasn't; there's not one little fascinating experience. There was every fascinating experience. As I was going to say, the one thing that was the theme is that the world is my family, and for each one of us to see that separation only exists within ourselves.

When we create separation inside ourselves, thinking that 'we're better than them,' or 'we know more than those people,' whatever it is we do to create separation, it's only taking away the love from our own hearts. This has been the theme as I've traveled with each one of these wonderful people.

It's very simple, very precise, and the way you live your life, what you put your attention on is how your life is reflected. What do you eat? Is your food pure? How do you live? What do you put into your consciousness? Is it MTV or pure knowledge?

Whatever it is, who do you hang out with? Are they people of a high level of consciousness? Look and see, because the world is as you are.

Chris: Janet, tonight we have the opportunity to hang out with someone really far out, right?

Janet: Oh, I am so honored, the word is honored, to get to spend time with this one. Bill Bauman is - let's talk about out of the box for a minute.

Chris: Before I introduce Bill, I'd like to take a minute to welcome everyone. Good evening, everyone. This is the *Passions of Rising*



Legends series with our host tonight, whom I'll be introducing in just a moment.

My name is Chris Attwood. I am the Features Editor for *Healthy, Wealthy nWise*, the sponsor of this incredible series. I want to give a special welcome to our Elite members. Those of you who are Elite members, of course you know that you'll be able to get a recording of this call within the next day or two, and within the next week to 10 days, you'll also be able to download the word-for-word transcript of this call from the *Healthy, Wealthy nWise* members area.

Also, Bill has made available to all of our listeners tonight a very special gift, an excerpt from his forthcoming book. You should have received an email that would have given you a link to download that.

To those of you who are not yet Elite members, I want to encourage you to take the opportunity to not only be able to listen to these calls, but be able to listen to them again and again, and get the recordings, transcripts and the special gifts from each of our guests, as well as access to over 70 ebooks from the *Healthy, Wealthy nWise* library.

Over the next year, you're going to have direct access to interviews with people like Jay Abraham, Richard Paul Evans, the first number one New York Times best-selling author, who became a number one best-selling author with a self-published book, and Rabbi Yehuda Berg, who we just interviewed a couple weeks ago.

On December 7th, we'll be interviewing Dr. John Gray, the author of *Men are From Mars, Women are From Venus*. In January, we'll be talking with Neale Donald Walsh, the best-selling author of *Conversations With God*, and in February with Qigong Master Shaw, one of the greatest healers in the world today, and on and on and on.

To become an Elite member, it is just \$14.95 a month, or for a one-year subscription, it's \$97. You can go to www.healthywealthynwise.com and click on Step number four. One thing that I was asked to mention tonight is, for the holidays, *Healthy, Wealthy nWise* has made available the opportunity to order gift certificates.



If you would like to give the gift of passion in this holiday season, you can order a gift certificate, and a beautiful certificate will be mailed to the person you specify at the address you give. To be able to get gift certificates, go to www.healthywealthynwise.com/gift.asp.

Without further ado, I would like to introduce the wonderful host of this *Passions* series. Janet Attwood is the author of *The Passion Test - Discovering Your Personal Secrets to Living a Life on Fire*, the inspiration for these calls. She is also the Cover Editor for *Healthy, Wealthy nWise*.

Janet is joining us from Thiruvannamalai in India. Janet, can I invite you to introduce our special guest?

Janet: Absolutely. Just one thing that I want everyone to know, in India it's not uncommon, how do I put my attention on this - let's just say that if, in the middle, you hear me not talking and before there was me, I will come back. It just means that there was a blip in the phone. That does happen in India. We hope Bill will continue talking as Chris reconnects me if that does happen.

I am so excited. Bill, are you on the line?

Bill: You bet I am, Janet. Hi.

Janet: Oh, Bill, I love you so much! I am so excited about today and sharing you with all of our wonderful listeners.

Bill: Thank you so much.

Janet: You're so welcome. I want everyone to know, on a personal basis, if any of you have ever been to a love-in, that's what it's like being around Bill Bauman. For many years, I have attended his workshops and seminars.

Most recently, I spent two glorious weeks with Bill and his lovely wife, Donna, and 30 other people who became my fast, close friends, as everyone does who hangs out with Bill because his love is so contagious.

It was "Exploring France's Sacred Spaces," which was an incredible



adventure that Bill and his wife, Donna, put on this year, and do many wonderful exploration experiences during the year. You can go to his website to find out more about his wonderful tours that he puts on personally.

It's just like walking and being and living with a master for a couple of weeks. Bill, I had such a profound and unique experience. I can't quit talking about the inner experience. Going to see all these sacred spaces was one thing, but I felt that when I left, as if my inner self became much more sacred. I really want to thank you because that's always how I feel being around you.

Bill: Thanks.

Janet: I'm so happy to share with everyone too, that I know, as everyone does, being with Bill is his mission on earth is to truly help humanity as a whole, and individuals to find their souls, connect to their inner truth, discover their unique nature and purpose, and help them all live a life that truly expresses their fullest destiny.

This is what I can say Bill has helped me with. I was going over his bio this morning and I was laughing, because there's nothing Bill hasn't done. Bill, if it's okay, I'm going to be brief with that, but I'll give everyone a taste.

Bill: You go right ahead. Whatever you want, Janet. You know I can't say no to you.

Janet: Bill holds degrees in classical languages, philosophy, theology, counseling, and a PhD in psychology. He spent four years studying theology at the University of Louvain in Belgium, then served as a Catholic priest in Florida in the '60s. In the '80s, he studies as a licensed minister in the Church of Religious Science in Utah.

He's studied, practiced and taught many of the world religions, Eastern and native as well as Western. He's received his Doctorate in counseling psychology at Arizona State University. He spent 15 years as a private practitioner and psychological consultant. He's been licensed as a psychologist in four States, and he's been honored as a diplomat in professional psychotherapy.

He's founded and directed three private businesses. He's developed and maintained a nationally oriented, personal



empowerment seminar program, which I told you I've attended for many years; in addition to maintaining his private practice as a psychologist.

The one thing that I always tell people about Bill is it's truly clear when you hang out with him, that everything Bill shares when you're around him: his religion, psychology, business thoughts, spirituality, philosophy and his humanness; he first learned and perfected those systems within himself.

The fun thing to say to my friends when we're talking about Bill, is when I get enlightened, I want to be just like Bill. That is the truth, Bill, because from being with you, you're always a surprise because you're just like an ordinary guy, walking down the street, and then all of a sudden, you open your mouth.

Actually, it's not even what you say, it's your presence. Being with you, I always feel so uplifted. It's an honor to share you with everyone today. Without going on further, because I could gush and gush about you, I'd like to start with a question.

Bill, people from around the world come to you, I see it all the time, for spiritual guidance and inspiration, so would you share with us what role your passions played in bringing you to where you are today? What are those passions?

Bill: I'd be delighted to, Janet. First of all though, let me say a couple of things. The first thing I want to say is with that wonderful introduction, I probably don't need to say a thing for the rest of the time, because you...

Janet: Yes, we'll just sit and feel you.

Bill: [Laughter] That works for me. There we go. The second, just before I jump into the question, I want to personally, verbally and at every level, connect with everybody who's a part of this phone call, just to connect with and be intimately one with every one of you who are technically on the listening end.

Aside from the technical part, I want to invite all of us to not be on a listening end or a talking end, but to be intimately one together. I'm saying that because one of my deep passions in life, getting back to and segueing into your question about passions, is unity, and the



oneness of every one of us on this planet.

With that, I'll get back to your question. I had the most unique experience I'd like to share with everybody. I don't know when it was, maybe a month and a half ago, Janet gave me her *Passion Test*, and Janet has authored this test, questionnaire, on finding out what your passions are.

I had never done anything like that before and I found it most fascinating. At the end of it, we came up with what were my five top or biggest passions in life. If I'm not mistaken, Janet, one thing that you and Chris feel very strongly about is that what our passions are, that is what drives us, what motivates us, what moves us from inside - is what gets expressed out there.

It was wonderful looking at those five top passions of my life. It really did give a very accurate snapshot of who I am. The top passion I'd like to share with everybody, just of myself, is the passion to live in a deep and powerful state of inner peace.

I noticed in my life, from early on, and you're right, I've walked through tons and tons of the passageways of life and all the different rooms in the house of life, but in every one of them, there's been this one driving force, and that is to find a place of deep, deep, deep centeredness, deep inner peace, deep tranquility, and balance.

In other words, to find that central place in myself where all the dualities come into unity, where all the storm seems to center around that place of centeredness and peace in the middle; that place where I just am, where you just are, where life just is. So that's a lot of what motivates and drives me.

Then to move from there, that's what I find myself driven to in what I'll call my mission in life. That is to help every person that is moved to spend time with me, find that same place in herself or himself, that place of inner depth, where one's soul, one's heart, one's truth lives; that place where we can go, and with absolute certainty and certitude, find who we are and find the meaning of life, find the purpose of self, and find the direction that we are in a way that's deeply, deeply, internally grounded in that deepest wisdom, the deepest truth of who we are.



That's a roundabout way of answering your question and only giving you, in fact, one response to the question. To say it briefly, one of my key, key passions is the pursuit of, and now that I'm there, the living in the middle of, that place, internally, of inner peace, and the inviting of other people to find that within themselves.

If I could just add another paragraph to that, one of the things I've discovered in my walk through life, and we all discover different things and each of us has our own, unique wisdom, but one of the things I've discovered is that everybody's truth is different, and the pathway to finding inner peace, or to finding one's soul or one's truth, is very different for each person.

What I've done through the years, a first I did it through religion, then I did it through psychology and psychotherapy, then I did it through spirituality, then I did it in other ways - what I've discovered is that it was up to me not to invite people to do it my way, but to have me, to use an old native term, to walk enough miles in their shoes.

That is, have me enter into their depths, to have me learn how to connect with their truth, their soul, have me even learn how to listen to the depths of their wisdom so that, as a mirror back to them of what their soul is saying, I can invite them to find themselves in ways that are, if you will, according to their own paradigm, according to their own, unique, internal, trademarked style. That's really a lot of what I'm about in life.

Chris: Bill, listening to you really sounds like your passions led you directly to what you are and what you do in your life. One of the things that Janet talks about in *The Passion Test* is this idea that the things that one loves most deeply, the things that are most important to one, those things that one is truly passionate about are "coteses" or clues to one's own, personal mission.

Listening to you, it certainly sounds like that's borne out in your life. Could you share a little bit about the process of discovery you went through? You've done so many different things. How did you get to the place of discovering most deeply, who you are and what your own, personal mission is in life?

Bill: I'd be delighted to, Chris. [Chuckles] I'm laughing because my



process has been a bit circuitous. If we go back to my childhood and adolescence, I would say that I really wasn't coming from a place of passion at all. I was probably coming from a place of emotional survival.

I did life a lot through the Braille method, not just in my childhood and adolescence, in other words, just by feeling my way along, and I noticed what I did all the time was just took what was on my plate, right in front of me, and kept inviting myself to listen inside to - what is the truth of this moment?

For years and decades, that was not easy for me, because I went through a lot of lost periods, and even when I found temporary truth in different systems, you know the system of religion or the system of psychology or the system of spirituality, or whatever the system may have been, I became fairly quickly aware that this is just one version of a truth.

Just to add another thing, I tried to find teachers, I tried to find helpers and wise sages, gurus, to help me out in that. Every time I put forth that big effort, the whole effort fell flat on its face. I feel like all along, there's been this big, huge force, for me, I call it divine force, that just has been guiding me along, forcing me to look inside all the time, no matter what's going on.

I found almost every time I put my faith in something outside, either it turned to sand pretty quickly or my efforts just fell apart. Anyway, it didn't work. Point number one I want to make in response to your question is, for me, I had to keep looking inside. At the time, over many years, I felt really disappointed, like, 'How come everybody else gets to have a teacher and I don't,' the old feeling sorry for myself routine, which was wonderful in that I liked to feel sorry for myself.

Beyond that, it wasn't very helpful, so I was blessed by always having to look inside and ask myself, at some level, what is the truth? With that being a given, I think that it was significant that I walked through and had to walk through all these different systems, because I found in it, everybody else's version of truth, but in each one of those systems, I had to search way deep in myself.

So I had to keep going, deeper and deeper and deeper. I had to keep expanding my depths. I had to go into another, deeper version



of truth, from a healing point of view. I had to pull out the weeds from my inner garden and make sure I was finding exactly what it was in me that was the purest truth of that moment, the purest wisdom, the purest inner guidance.

Then, as I many times “gulped,” and took a hesitant step forward, to go with that truth and to risk that people wouldn’t like me, to risk criticism, to risk falling on my face, but in the end, as well as many times through it, I really found, ‘Wow, you know what? There really is only one place that I can really find what’s true for me,’ and that’s in that inner vault, that inner sanctum, that inner sanctuary or temple of the self that we tend to call the soul.

That’s why I’m so committed to helping people find that truth at the depth of their soul, because my sense is that while many people are quite happy sort of following the rules of whatever system they happen to be in... and that’s really fine too. I have no problem with that at all, but most of the people who have found me or whom I’ve found are those whose souls, whose inner sage really calls them to something bigger, something deeper, something much more personal.

So I feel like I’m on earth for those people especially, the people for whom their inner sanctum keeps saying, “Yoo hoo! Come here. Live in me. Live in the middle, in the center, in the midst of who you really are, in the truth of you.”

I’m really excited about hanging out there because to me, wow - that’s where we can find the truth of the self and hanging out in the middle, or in the soul of the Earth or of nature - that’s where we can find out what the Earth is all about, hanging out in the middle or the center of what we call God, or the Divine, that’s where we can find out where that is in a way that doesn’t necessarily have a lot of definitional quality.

In other words, we can’t put it into words, but we can feel it, we can sense it, we can know it, we can have that internal, intuitive awareness that to me, is very, very powerfully trustable. Again, I don’t know if I at all answered your question, Chris, but I certainly had a good time sharing a little bit of my past.

Chris: That’s wonderful, Bill. Absolutely.



Janet: I'm deeply listening, and it's interesting what you said, Bill, that you used to... I can see you stamping your foot and going, "How come everyone else gets to have a teacher?" I just want to share with you - Chris asked me, I don't know if you were on the line - what some of the recurring themes were of interviewing all of these people I'm interviewing in India.

The theme is to just go inside, be with yourself, and ask yourself, "Who am I?" You didn't have to go all over the place asking anyone to tell you that. What I hear is that you came to that and then did your own inner homework, which is something that I think eventually, we all have to do with lovely guides like yourself. Thank you so much.

As you know, we believe that the things one loves the most, which are most important in one's life, are the clues or keys to one's personal destiny. You said that we are all created with a beautiful, divine nature and a unique purpose, and we all have access to this divine plan and purpose by connecting with our soul, so we have, within ourselves, every resource we need for personal fulfillment.

Can you explain to this to everyone - I was wondering what you mean when you say we have within ourselves every resource we need for personal fulfillment? You touched on that, but can you expound on it a little more?

Bill: Yes, I'd be delighted to, Janet, thank you. I think what I'd like to do, if it feels all right to you and Chris, is just to invite everybody who's part of this conversation or this sacred ceremony, if you will, that we're having right here, to hang out with those words as you, those who are doing the listening here, hear them resonating within you. I'll repeat the words, at least roughly, from what I remember you saying. I think you got that off of my website [chuckles], so I seem to remember writing it.

Janet: We cheated.

Bill: [Laughs] That's wonderful! WE have, each of us, has within himself, herself, every resource that we need for our personal joy, our personal fulfillment, our personal everything. So if you just listen to those words resonating, that everything in you is there that you need for anything.



Of course we know that. Psychology has taught us that forever. In psychology they always say, "Every answer to every problem is within," and of course, in spirituality the same thing that all we need to do is go to the center of our being, and there we find every resource, every answer.

I don't mean those words literally at all, because those words have really come from my own search and from the privilege I've had of hanging out with, I'm guessing, thousands of people over the years, in the role of being the facilitator and helper of them walking within the depths of themselves and finding that.

Let me suggest to everybody here that we put our focus for the moment in that depth of the self that you are. However you picture that or think about that or see that or visualize that within yourself, go right to the center of you and imagine there *the* real you. The real you, being that innermost resource.

I used a term a little earlier, like a vault, like the bank vault, where the real, valuable facets of yourself are, where the real wisdom of you lives in big, \$100,000 bills inside that vault. As you look in there and open yourself to, 'Wow - what is, in this moment, the biggest truth about me,' and let that come up into your conscious awareness, into your feeling or into your intuition or whatever is your own, inner language.

I think what you'll find is that when we go right there, right to that place of the purest truth within ourselves, we tend to bypass all sorts of other answers that we get when we just look in other places. We tend to get the purest, clearest, most uncluttered response to whatever's there in this particular moment.

What I mean by the statement about all of us having within ourselves every resource, every treasure, every answer, everything we need for our life, is that if we can have regular access to that place, or better yet, if we can live there, if we can have the center of our life being right there in that place of the deepest, purest truth, then no matter what is on our plate, it really doesn't matter.

Whatever "disaster" hits us, whatever illness comes our way, whatever losing of a job is there - and I'm just picking out examples that most of us would say, "These aren't very fun kinds of things," no matter what it is, we can find, number one, the reason that it's



there, number two, we can find the invitation that as we walk in and through, whatever that ingredient in our life is, it is calling us, and number three, we can have the deepest sense of what's really happening in us as we walk through that.

I say that because, as we all know, nothing happens by accident. Everything happens for some kind of meaning. My sense of it is it's not just a meaning as in a definition or description of "this is why it's happening," it's not just the answer to the question "why," but it's a meaning that's a walk-through.

Usually any event in our life is a rite of passage, it's a sacred ceremony, it's an invitation to move from one place where we've been hanging out in life to another place. If we can find out what that invitation is and why we're doing what we're doing, and what it's all about, then we've got the spirit of it, we've got the meaning of it, we've got the truth of it, and we can join that.

Actually, and I don't mean this glibly, and I don't mean it disrespectfully to the pain that anybody goes through, we can walk through it with not just the biggest meaning, but even with some semblance of joy, simply because we feel like we've got the truth of the moment.

Janet: Bill, I'm sure everyone on the line is going, "That's for me." How does one go about accessing one's beautiful, divine nature and unique purpose? What would you say?

Bill: The first thing would do is make a disclaimer. [Chuckles] What I mean by that is that again, we're all so different. I don't think there's a way that really fits everyone. In fact, years back I came to this conclusion, and it's really not a scientifically provable conclusion at all, it's just a homespun philosophy kind of conclusion, that we can take any one path or any one version of truth, or any one answer to a particular whatever, and that path or version or answer probably fits maybe one-third of people.

Then there is another third of people on the other end of the spectrum for whom it doesn't fit at all. Then there's another third in the middle where, eh, parts of it fit and parts of it don't. I just want to acknowledge the individuality of each of us, the uniqueness of each of us by saying that one person's poison is another person's meat or something like that, although I should never use that if I'm talking



to a vegetarian.

Chris: One person's poison is another man's nectar.

Bill: Nectar! Beautiful, thank you! Oh, I like that. Thank you, Chris. I'm going to remember that one. There's the little extra version of truth at the beginning to introduce this. How do we access that? If I speak in generalities and again, I'll let each one of us individualize that for yourself.

I think the first thing we do is we invite ourselves there. We acknowledge that there is a center to me, there is a place of inner sanctum, of pure truth. There is a wise sage in me. There is an inner wizard who really knows what's best for me, and I'm going for it. Number one, acknowledge it, number two, say, "I'm going to keep inviting myself there."

In terms of the "how to" of inviting ourselves there, that's where the answer gets a little individual. Some people invite themselves there by saying, "Oh, I'm going to meditate every day," or once a day or twice a day, or whatever is the truth of them. Then what some other people do, they can go more to a prayer kind of theme. Other people will do more inspirational reading.

Some people just spend very quiet time with themselves, and they develop a relationship, for example, with that inner sanctuary or temple or that wise self, and then they just have like an inner dialogue with that aspect of themselves, and we could go on and on. There are thousands of ways to do that.

Some people I know have a manual or diary and they write down conversations, or just let themselves do some automatic writing where the words just flow, where it allows that inner self and the wisdom that's there to speak. Again, there are thousands of ways to do it.

Once we decide and say, "All right, I'm going for that. I'm going to hang out there," then we listen for, "Oh, how does that truth within me want me? How is it inviting me to hang out with it?" For a lot of people I talk to, it's daily meditation. For others, it's not.

Even there, there are different forms of meditation. Some are more Eastern-like, where you let go and let God and let yourself sink into



or be taken over by that inner space. Others are more Western where it's a little more focused, where perhaps we visualize that inner self and we open ourselves to more tangible ways of connecting to that.

One is neither better nor less effective than the other. It just happens to be, 'What's the truth of me for this particular moment?' In that, I find a lot of people who will go a year or two, or a month or two, doing one particular style of connecting to themselves. Then it's time for another approach. Being open to making that kind of shift, I think is also important.

So just one more thing, one more approach to that - first acknowledging, second saying, "Yes! I'm going for that. I'm going to live in that inner space." I think a next approach to that is something like this, that as I'm connecting, I keep asking myself the question, 'Who am I?'

I say that because I feel like while, certainly over years, the answer to that question will shift and change, it will have many nuances, asking ourselves that question 'Who am I,' really keeps calling us to the core of this thing that we call identity; the core of who we are, what we're about, why we're living, what our purpose in life is.

If we can keep going to that core question, 'Who am I,' then the answer to that, at that particular moment, will drive all the other decisions that we make in life, and we can save ourselves an enormous amount of hassle just by staying as clear as possible about, and living in the middle of the truth of 'who I am.'

Janet: Bill, you said something just now that was very profound. This keeps us calling to the core of our identity, and you said just now, this answer to, 'Who am I,' will drive all of the other decisions. Can you expound on that? What do you mean by that?

Bill: What I mostly mean, Janet, is that... let me back up a little bit. It's my deep, deep sense that if we look at ourselves as a presence in this three-dimensional world of ours, we can play lots of different roles, we can have lots of different functions, we can have this purpose in life, that meaning in life, and all of those are meaningful, but if we can call ourselves to know at the core of us, who we mostly are - what is this self that I am, what do I embody?



In religions, they talk about us in the Jewish scriptures being made in the image and likeness of God, and to the degree that we would own or accept that assumption, that we're created in the image and likeness of the Divine, then we can ask ourselves, 'What facet of the Divine am I?'

For example, Janet, knowing you as I do, I think you're absolutely an embodiment of love, of the love quality of the Divine. Somebody else might be an embodiment of the power of the Divine, somebody who's really here to take charge of oneself, to take charge of one's destiny, to take the power of the Divine and live in the middle of that power and therefore, because of living in the middle of it, use it in the strongest, clearest, positive, most purposeful way possible.

Somebody else might be an embodiment of what we tend to call the "Divine feminine," or the feminine spirit. I happen to be privileged to be married to a woman who, as I see her and as she sees herself, is the embodiment of exactly that, the pure feminine spirit expressed as her. Besides my being honored to live with her, I get to experience the beauty of that.

Therefore, just to use her as an example, the more that Donna, my life mate, the more that she really is clear about who she is, then the more that just expresses clearly without clutter, and the more all of us around her benefit from that. Myself, at this moment in my life, what I embody most is the essence of the Divine, and so the more I just *am* that essence, the essence, not in terms of adjectives, descriptions and expressions, but the pure essence, the more I know that I'm that and live in that, then I am that centeredness and I am that inner peace, and then the more other people benefit just because I'm not playing around trying to be other things that I'm not.

In deference to lots of people who are on the line, I think some other people, and I think many of you listening, probably are very much expressions of the light of the Divine. We've got love, we've got power, we've got feminine spirit. We've got creativity, which I've not even talked about.

Some of us are absolute embodiment of the creative juice of the Divine. We're here always creating - creating this, creating that - and then again, as I just said, embodiment of the light, where light oftentimes is translated as truth and wisdom and clarity. One of the



reasons that, for example, we're driven to find truth in our lives and the truth about ourselves is because we are the embodiment of that light.

Put all that together, the more that each one of us can go to that place of, 'Who am I, really? What am I? What is the purest, clearest definition or expression of who I am created to be? What is that master plan of the self?'

In other words, if I put myself in the place of the Divine and say, "Okay, I, the Divine am about to create this person called," and then put your name there, "What do I really want to express in this human world or in this earthly land? What do I really want to express by creating this human being?"

Then again, if you listen for that at that place of soul, at that place of truth, at that place of heart, and get really clear about that, ahh, then that can give you all sorts of clarity about how to live your life. In other words, ooh...

For me, just to use me as an example, though many of us are not called to live out being that essence of God, but if I just use me as an example, if I really am the essence of the Divine, then it becomes clear to me that I'm not about playing this kind of game or serving that kind of role, I'm about really being that center of truth that is the Divine, in relation to everybody and everything.

For example, for me, one of the things that totally drives me in life is to live in the truth. So no matter who I'm talking to, I automatically connect to the truth of who that person is, so in that way, I open up for myself the capacity to feel that person's soul, to listen for that person's wisdom, to become one, absolutely unified with that person's inner sage, inner knowing.

Then too, whenever it's appropriate, speak that to the person, and when it's not appropriate not to, but just to live in that truth. So I think a lot of people really get, when they're around me, that, 'Ooh, this is a sacred space of truth and not only is Bill honoring my truth, but I get to honor my truth.' That's just an example of how my knowing who I am can really express and be helpful to someone else.

I think we all know that when we're really living the truth of who we



are, how life just seems to work for us better. It seems to flow and all of life seems to come around and support us so much more, and when we're not living that truth, when we're hanging out in other spaces and pretending that we're something else, or when we're trying this and trying that and it's really not an expression of our deepest self, then life doesn't always support that quite as much.

Chris: Bill, just on that note, there are many people for whom it seems, today are attracted to spirituality, attracted to this understanding of the inner life and understanding their own inner nature and their own inner truth. Yet often it appears that those people sometimes are lost when it comes to dealing in the material world, dealing in the practical, day-to-day functions of life.

I wonder if you could speak to what's necessary and how one goes about not only being connected to that inner light, but being able to have it show up in the practical aspects of their life, like their finances and their daily work, and how they are interacting and being with others.

Bill: I'd be delighted, Chris. What I appreciate about your question is there's no simple answer to that, and like a couple other questions, I want to express too that the answer to that is very individual and unique to each person.

One of the things that I feel moved, at least in this moment, to say is that some people are really here to be financially quite abundant and some people in terms of their purpose in life are here for lots of other reasons, financial abundance not necessarily being one of them.

One of the key questions that I think it's important for each of us to be clear about is the question of, 'What am I called to from a practical, pragmatic, making money, being prosperous, point of view in life?' That to me usually is a question that needs to come after that initial question of, 'Who am I?'

If we can be really clear about who we are, then from there we can say, "Okay, this is who I am. Now what am I here for in life? How am I here to express that?" I know for me, for example, it just has always been very important for me to be very responsive, responsible in life - to show up to life.



In other words, I've not had the seeming luxury, and I say seeming because I'm not sure it is a luxury, I've not had the seeming luxury, for the most part, of just kicking back and letting life do whatever it wants to do around me. Certainly, there is that aspect, but for me, I've always been called to show up, to be present to everything on my plate, and to be very present to other people, and to be present to the whole money-making theme.

A humorous thing is for some time, making money was really not important to me, but just about the time that my son was born, and that was 32 years ago, all of a sudden, it's like I felt his soul saying to me, "Okay, I'm her now and I'm here to really have a good time in life and to enjoy the benefits of life, so it's time for you to start making more money."

Chris & Janet: [Laughter]

Bill: It was really quite a shock to me, but sure enough, within a few months I changed jobs, I was making more money and I was spending most of it on him. I thought, 'Isn't this a fascinating kind of thing, that a circumstance in life shifts for me, and all of a sudden, money becomes much more important than it did before?'

Chris: One of the things you said, Bill, is that we will become as empowered, loving and masterful as we choose, yet I think many people would agree that it appears at times that things happen in our life over which we don't seem to have much choice.

How is it that you can say we can become as masterful or as empowered as we choose? What do you mean by that?

Bill: Let me hang out with what I mean by masterful. As you know, I do a few different mentoring groups with people, and one of them is a mentoring group in what I call "human and spiritual mastery," just to use that as an introduction to answering your question.

What I'm doing is helping as many people who are called to that experience to really look at being absolutely masterful in relation to their human life, all aspects of their humanness - their energy, emotions, mind, subconscious mind, unconscious mind, behavior, life, their everything - and become as much as is their calling, spiritual masters. That is, really masterful in relation to their spirit.



I think we tend to carry around an assumption that mastery means having everything under our control. I'm sure in the biggest possible definition of what that means, it's true, but in the way that most of us mean that word "control," it's really not true because there are all sorts of ways that not only are we living our lives, but life is living us.

In the bigger picture, we are not just the individual that we are, we are also united, we are all one, and so there's a whole unified field, or unified world of experience and of life that we all live together where decisions are made about what's good for each of us, that are not necessarily a part of our individual decision-making.

To say it another way, our unified self will make decisions for us that may be different than the decisions that our individual self will make for us. Therefore, being masterful oftentimes is not a matter of saying, "All right, I want my life to be this way, this way and this way," that works up to a point.

But when life puts other things on our plate, when life deals us a set of cards that look different, or at least appear different from what our individual self is deciding would be good for us, then a way to be masterful is to say, "All right. This is on my plate. How can I call myself to be masterfully present to what this is?"

One of the ways to do that would be to go right back to that level of soul, right to that center of our being, and say, "Okay, let's assume that there's some wisdom that put this circumstance right in front of me, the wisdom that pulled me right into this particular situation, issue, illness, or whatever it may be," and really go with the fuller meaning, the fuller picture. Get in touch with the level at which that decision was made.

Then call myself to be masterful in the sense of, 'Okay, this is here.' For example, one expression of mastery would be to say, "Instead of fighting this, I'm going to accept this, embrace this and go with this," and if anybody ever wants to visit my website, there is a little article I recently wrote in there, about myself and about how I basically spent a lot of years in my life fighting my destiny, fighting my mission, and finally just gave it up.

I think what I was trying to do was say, "I don't know about being this spiritual master and this spiritual teacher. I don't really want to



do that. I just want to be an ordinary guy.” That’s why when Janet said earlier that I look like this ordinary guy, it thrilled me.

Chris: Bill, before you go on, I want to let people know how they can go to your website. Your website is www.BillBauman.net, is that correct?

Bill: That’s right.

Chris: If they wanted to read that article, how would they find that?

Bill: Let me see. There are a number of little tabs there. [About Bill; Article] Just tap on the Article tab, and that will get you there.

Chris: Could you talk about what you do in these mastery groups that you mentioned?

Bill: Yes, I’d be delighted. I basically center them, first and foremost, around the theme that we all just are. In other words, if we go to the deepest truth of us and start there, we hang out at that place of the soul. We hang out at that place where all life just is.

Throughout the whole experience, and it’s a year-long experience where people come together for five, three-day weekends throughout the year, we keep coming back to that basic theme and we connect to that place of is-ness, that place of the indefinable truth of us, where that ultimate power of creation is.

There is power in the mind, there is power in behaving, there is power in energy, there is power in light, but there is the biggest, strongest power in just being. What we do is call ourselves to live strongly in that place of being, is-ness, essence, where everything just is, and then we let the power of that guide the whole rest of the experience.

These are extremely powerful experiences. Then from there, we spend the year exploring these different worlds in the human experience. One, the world of light, and light is a bit intangible to most people, but to me it’s a very clear phenomenon. This is an age of light that we’re in, and we do laser surgery with light, so I try to take spiritually and humanly, the power that there is to create with light, and we become as masterful as we can become with that.



Then I help us visit the world of energy, the world of chakras and the world of the aura and of our interconnection, the world of love being an energy, power being an energy, and we look at how to be masterful in relation to our whole energy field and all of the specific aspects of energy.

Then I move into the mind, the conscious, subconscious, unconscious, and the super conscious mind - all of those levels at which we know and then we all invite ourselves to be masterful there also, and then in the world of external expression.

All of it is centered around, and I'm going to introduce a new word here, what we tend to call grace. On the one hand, mastery is all about our taking charge. On the other hand, it's all about grace, and so grace is that expression of the Divine that comes out of that place of essence and is-ness.

It's the most powerful force on the planet, so we invite that to help all of us attain our own healing, our own transformation, and especially our own mastery in relation to every facet of the human and spiritual self.

Janet: Bill, what I'm hearing is this connected theme that started with your own journey, where I see you as a little kid, stamping your foot and going, "How come everyone else has a teacher?" You started asking yourself - it forced you to look inside and ask, 'Who am I?'

What I hear in this theme starting with three questions, or the three things that you said that we invite ourselves to do, is to acknowledge it, say, "I'm going to keep inviting myself there," and ask myself, 'Who am I,' what I keep hearing is what you're doing with all of our individuals and groups of people is inviting them to know that they are the master of their own creation. All of the answers lie within and all you have to do is ask. Is that correct?

Bill: That is correct, and I don't want it to sound oversimplified, but absolutely, what you're saying is right on. It's up to each of us to do that in a way that is deeply connected to that source within each one of us.

Janet: What is required for a person to integrate this spiritual, emotional, mental and physical material aspects of their lives with all of this? How does that happen?



Bill: I think it's different for each one of us, Janet, but if I could make a generalization about it, to me, what it takes is honesty and integrity. I mean those words as two sides of the same coin. To say that another way, it takes each moment of each day, just being willing to show up with honesty, integrity, with genuineness to oneself, to what's on one's plate and honestly do one's best.

In other words, 'This is here right now. In the purest way I can pull off right now, what's the most integrity-based way I can show up to it, ask the questions I feel it's important to ask, listen for the answers, take what's there and to my honest, genuine best with what it is.'

I know that could sound simplistic, but I really feel like that's what we've got in the human scene. I think we've got a lot of values that we call ourselves to, we've got a lot of standards by which we judge ourselves, and a lot of those, especially in our North American society, we pretty much call ourselves to be high performers 24/7.

That's fairly unrealistic, I think, so when I'm saying just show up with honesty and integrity, I feel like that's all we can really call ourselves to do with, then add to that another blend. I'm stirring the soup here. I've just put in the main ingredients of honesty and integrity, now I'm going to add some spices.

With the extra spice of self love, and by self love, what I mean is, 'I'm going to quit judging myself. I'm going to quit evaluating myself from some place of high standard, and I'm just going to love an honor myself going the best I can, and in that loving and honoring myself, find that unconditional love, that embrace of who I am that says this is the best I can do right now. Maybe tomorrow I'll do better, maybe I won't, but right now this is who I am as far as I know it, this is how I'm showing up to myself and to what's on my plate and this is how I'm going to approach what's here.'

I know for me, in my life, that's been the path. A lot of people I talk to have goals, like they want to become enlightened or they want to become free, or they want to become fulfilled, prosperous or whatever it may be. Actually, I never did any of that. I just kept showing up to what was on my plate and saying, "Yes." I had no clue what I was looking for. In fact, enlightenment was probably the last thing I ever thought I wanted.



I feel like that model has a lot of value to it. The model of saying, "Okay, let me just show up in the most honest, integrity-based way I can, love myself through whatever it is, and in that, just open to (and this would be the last ingredient in the soup) the grace, the love of the Divine, and keep asking for more and more grace, love, and blessing."

Interestingly, I've found that for most of us, we oftentimes get what we ask and we don't bother asking. We're so wrapped up in doing what we can do, and that's wonderful, but there's a lot of miracle, grace and divine intervention, that if we're open to it, ask for it, better yet, if we expect it, it's there, and it just keeps coming and coming and coming.

That is something we often acknowledge, but oftentimes don't really go with. If I had that extra little bit of something to invite each of us to, it would be - why don't we try, every day, asking for more blessing, more grace, more than what we've got - and not from a place of selfishness in the way we usually mean that word, but from a place of self-deservingness.

It's like we're created in this image and likeness of the Divine, and maybe it's our birthright to be filled, every day, with the beauty of that Divine. It'll come to us if we ask for it.

Janet: Bill, listening to you, it's so deeply profound, and I'm sitting here, even as you're talking, asking for that more and more and knowing that that's my birthright. Thank you for that remembering. I love that. That's what I always get when I'm around you, is deep rememberings, to go inside and ask.

We asked about your website, but I wanted you to mention it again. I know there are so many people who would like to find out more about your seminars, your retreats and your spiritual journeys, so they can have fun like I just did with you in France. How would they go about getting that information, and how can our listeners and readers stay in touch with you?

Bill: The website is www.BillBauman.net. The reason it's .net is because .com was already taken. I did a few emails back and forth and it's strange emailing somebody with your same name. It's a wonderful feeling. It's got pretty much everything on it. I do a lot of things.



I do these mentoring groups, I do seminars around the country and in some places in Europe, England and France. I'll be doing a little more internationally. I do at least one a month, somewhere around the country, on a weekend. I do once a year, about a two-week sacred sites journey, picking a particular spiritual tradition, like next year, it's the tradition of Buddhism and we're going to Thailand and Burma for that probably in the fall.

I do a retreat the first weekend in December in Zion National Park in Utah. All of those things and a few other things are on the website, and I also want to mention that one of my intentions on that website is for each person who visits it to feel blessed, because what I'm all about in life is being whatever embodiment of the Divine that I am, and a vehicle through which the Divine really wants to love people, bless people and invite people to the purest truth in ways that are less cluttered, less painful and in ways that let their own, pure nature, true nature, take over and run their lives.

If the website is that for any of you, I will absolutely rejoice. To your question of how to stay in touch with me, most things are on that website, so you can visit it from time to time. I am absolutely blessed to have a wonderful woman who is a project manager for me, Eleanor Hall. The information to connect with her is on there.

Unfortunately, I am so busy that I don't let myself have too much direct connection with people. I used to do individual sessions with people on the phone. I don't do that anymore just because my calling is more to be with bigger groups of people these days.

Soon, I will have a book out and some DVDs, CDs, videos, et cetera, that will be on the website, but those are probably a couple months away in terms of getting them ready so people can connect with me by having those products there.

I'm just finishing, and it will be ready for publication within a month or month and a half, a wonderful little book on the *Wizard of Oz*, where I basically interpret the *Wizard of Oz* as a real metaphor for our human living. I'm calling it *Oz Power*, so *Living With Oz Power*, and I just follow Dorothy through her journey in Oz and then relate it to all the developmental stages of our life, birth, childhood, schooling, adolescence and adulthood.



It's going to be a precious and pretty powerful book in terms of how to take charge of our lives. That will be on there a couple months from now, too.

Janet: Thanks, Bill, and to all of you, I'm sure you've gotten a really true essence of what Bill is like, but I will tell you, there is nothing, and I mean nothing, like sitting in a room with Bill Bauman, having fun while you're being transformed.

If you have a weekend free or an opportunity to attend his Sacred Sites journey, the next one in Thailand and Burma, I can't say strongly enough what a blast you are going to have on your way to the "unfoldment" of you.

So Bill, at *Healthy, Wealthy nWise*, we strongly believe in the intention to manifest outcomes, and that's what you seem to do, but we'd like to add to that. I hear you say your most current project is your book, *Living With Oz Power*, that's one of the things, but I'm not quite sure what intention you would like us at *Healthy, Wealthy nWise*, as well as our readers, to hold for the fulfillment of what you presently would like us to have an intention for. Can you tell us so we can really put our attention there?

Bill: Oh, how sweet of you! That would be wonderful. I would just love to have people's attention and intention joined with me around this. I feel really called, and I don't know how this comes across to any of you, but I feel really called to unify with every human being on the planet, past, present and future, and somehow in a way that's not constricted by time, to be a vehicle to touch each person with infinite love and empowerment, light and blessing.

I feel like, at this point in my life, the reason I'm on this planet, and I do it through lots of external things, but the deep internal project is to just bless every human being, to bless every life form, to bless every rock and piece of dirt on the planet, to just let what is light, what is love and what is the creative power of the infinite, live in every cell of every human being and live in every corpuscle of our circulatory system, and every thought of our mind.

If we could all have that intention, that every human being who ever has or will live, or does live on this planet, is that much more touched, so that each person feels her or his special-ness, and each person experiences his or her uniqueness, each person



knows her or his loveliness, and therefore is able to celebrate life a little bit more.

I feel like that's what I'm here for, and if I may have the privilege of extending that, I feel like maybe that's what all of us who are a part of this conversation are here for. Maybe we could all join together with that intention, because I deeply believe that what we intend has life, and even this intention right now, as we've all joined it, creates a spark, creates energy and a vitality. It comes to live in certain ways.

Then it can keep coming into life more and more. I thank you, Janet, for asking the question and I thank all of you for joining with me in what, to me is the sacred mission that every one of us has, both in our unity and in our individuality, and that is to contribute in some deep, heart-centered way, to the betterment and the blessing quality of every human being on this planet.

Janet: Thank you, Bill, for letting us be part of that beautiful intention. I know we were all holding it as you were speaking, so thank you.

Chris: I wanted to ask, Bill, if you could, what's the single, most important idea that you would leave our listeners with that we haven't discussed or touched on, or one that we have, but you'd just like to underline?

Bill: That's a great question, Chris. Here's what comes to me, and it's this: that if you could just spend whatever time or focus you feel called to, opening to your beauty, to just the exquisite design of who you are, the magnificent quality of the creation that you are; I feel like when a baby is born, we all ooh and ahh, and we say, "What a miracle and how wonderful."

Yet, what is clear to me is that, that is the truth of all of us every minute of our lives and we forget to notice the miracle, so I feel like each and every one of you, each and every one of us, is a miracle, not just in the making, but ideally in the experiencing. The thought I'd love to leave with every one of us is, 'Wow, what an extraordinary, beautiful, radiant expression of life that you are.'

If I have an implication that I'm inferring in that, the implication is: wouldn't it be wonderful if every one of us could, for the next day, just 800 times, all through tomorrow, call ourselves to know the



truth of our beauty, wonder and splendor, and walk in that and live in that, let that speak, let that express, and let that deepest truth of us be a celebration.

My request, beyond the implication, is - please, please notice the splendor of who you are and celebrate as much as you can give yourself permission to do that. Just in that celebrating, that in and of itself is healing, and a blessing to everybody around you, an empowerment and a mastery. That would thrill my heart to no end of all of us did that.

Janet: [Inaudible]... I'm sitting here in Thiruvannamalai, India, feeling like I'm in the same room with you. Thank you for bringing all of your knowledge, love, light, wisdom and everything, to all of us at *Healthy, Wealthy nWise*.

For me, here in Thiruvannamalai, India, what a perfect way to start my day, with this divine blessing of Bill Bauman. Thank you for joining us today. Truly, thank you.

Bill: Thank you so much.

Janet: Chris, before we say goodbye to everyone, we have a wonderful gift, don't we? They can get a gift certificate for their friends for Christmas.

Chris: They can, and I'll just mention that Bill has been kind enough to give a gift to those who have registered and listened to this call. You will have received, or will receive an email so you can get the excerpt from his upcoming book.

Bill, I also, along with Janet, want to thank you for coming back to that core of the reminding that each one of us is unique, each of us is special, each of us represents a treasure that's walking on this earth, and that you reflect that, express that, and in doing that, remind each of us of the value of that.

That's the whole purpose, the reason that Janet and I, along with our great editors and publishers, Liz and Rick Thompson of *Healthy, Wealthy nWise*, created the *Passion* series to begin with, is to help every one of us, all of our listeners and readers, to be able to connect with people like you, Bill, who have realized success in their own lives in being able to express your own truth



and your own way of expanding into the world the incredible gift that life is.

By doing that, allowing every one of us to be able to pick up - and what I notice in these calls is that every one of our guests, and Bill, you're no exception, expresses in a different way, and yet this same theme, that when we connect with ourselves most deeply, then we are able to express in our lives that special, unique gift or gifts that we have to give to the world, and when we do that, we not only increase our own joy, fulfillment, and happiness in life, but the joy, happiness and fulfillment of everyone around us at the same time.

Again, I'll remind our listeners that those of you who would like to have a recording and be able to review the transcript of this call, as well as our call on December 7th with Dr. John Gray, the author of *Men are From Mars, Women are From Venus*, as well as the recording and transcript of our call with Neale Donald Walsh, the author of *Conversations With God* in January.

You'll also have access to the calls we've done with people like Jay Abraham, the marketing genius, and Rabbi Yehuda Berg of the Kabbalah Center, and Richard Paul Evans, the author of *The Christmas Box*, and Dr. John Hagelin, the quantum physicist, who is expressing another aspect of life - all of these and many more over the coming year, are available to you just by becoming an Elite member of the *Healthy, Wealthy nWise Passions* series.

You can do that by going to www.healthywealthynwise.com and click on Step number four. If you would like to give this *Passions* series to someone that is dear and precious to you during this holiday season, you can do that.

We will prepare a very special gift certificate and you can give them a one-year subscription to the *Passions* series, so they can listen and enjoy, and own each one of these calls themselves. You can do that by going to www.healthywealthynwise.com/gift.asp. Janet, would you like to say good night?

Janet: Before I do, did I miss something? I would love you to repeat Bill's gift.

Chris: Sure. Bill has made available to all of us, the excerpt from his



upcoming book, *Oz Power*, the magical Wizard of Oz power.

Bill: The subtitle is "How to click your heels and take total charge of your life."

Chris: Every one of our listeners will be receiving an email with a link that they can download and get access to that excerpt.

Janet: Bill, again and again, thank you for being with us today. All of the listeners, have a wonderful, glorious day. Don't forget to drop in as Bill said, and create those intentions, number one being, 'Who am I?'

Thank you so much for being with us, and we look forward to being with you again. Our next call is December 7th with Dr. John Gray, author of *Men are From Mars, Women are From Venus*. We look forward to being with you, and have a wonderful day.

Chris: Good night, everyone.